

## Accepting Who God Made Me to Be Exodus 4:11

I. God is sovereign over who we are.

A. God is responsible for our disabilities (Exodus 4:11)

**<sup>11</sup> The Lord said to him, "Who has made man's mouth? Or who makes *him* mute or deaf, or seeing or blind? Is it not I, the Lord?" Exodus 4:11 (NASB)**

B. God made each of us (Psalm 139:13-16)

**<sup>13</sup> For You formed my inward parts; You wove me in my mother's womb. <sup>14</sup> I will give thanks to You, for I am fearfully and wonderfully made; Wonderful are Your works, And my soul knows it very well. <sup>15</sup> My frame was not hidden from You, When I was made in secret, *And* skillfully wrought in the depths of the earth; <sup>16</sup> Your eyes have seen my unformed substance; And in Your book were all written The days that were ordained *for me*, When as yet there was not one of them. Psalms 139:13-16 (NASB)**

C. When we do not accept who God made us to be we head down the path of self-rejection.

**<sup>9</sup> "Woe to *the one* who quarrels with his Maker— An earthenware vessel among the vessels of earth! Will the clay say to the potter, 'What are you doing?' Or the thing you are making *say*, 'He has no hands'?" Isaiah 45:9**

II. Evidences and Development of Self-rejection.

A. Evidences of Self-rejection.

B. Development of Self-rejection.

1. Comparing myself against the outward standards of those around me.

2. Accepting other peoples' evaluations of me.

### III. Achieving Healthy Self Acceptance

A. Recognize that there is no “universal ideal” for \_\_\_\_\_ (1 Sam. 16:7; Isa. 53:2)

<sup>7</sup> But the Lord said to Samuel, "Do not look at his appearance or at the height of his stature, because I have rejected him; for God *sees* not as man sees, for man looks at the outward appearance, but the Lord looks at the heart." 1 Samuel 16:7 (NASB)

<sup>2</sup> For He grew up before Him like a tender shoot, And like a root out of parched ground; He has no *stately* form or majesty That we should look upon Him, Nor appearance that we should be attracted to Him. Isaiah 53:2 (NASB)

B. Recognize that there is a “universal ideal” for \_\_\_\_\_ (Rom. 8:29)

<sup>29</sup> For those whom He foreknew, He also predestined *to become* conformed to the image of His Son, so that He would be the firstborn among many brethren; Romans 8:29 (NASB)

C. Recognize that God will sacrifice outward beauty, comfort, or health to achieve \_\_\_\_\_ (2 Cor. 12:7-10)

<sup>7</sup> Because of the surpassing greatness of the revelations, for this reason, to keep me from exalting myself, there was given me a thorn in the flesh, a messenger of Satan to torment me—to keep me from exalting myself!

<sup>8</sup> Concerning this I implored the Lord three times that it might leave me. <sup>9</sup> And He has said to me, "My grace is sufficient for you, for power is perfected in weakness." Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me. <sup>10</sup> Therefore I am well content with weaknesses, with insults, with distresses, with persecutions, with difficulties, for Christ's sake; for when I am weak, then I am strong. 2 Corinthians 12:7-10 (NASB)

D. Repent of \_\_\_\_\_ and \_\_\_\_\_ in God's provision for you.

E. Thank God for \_\_\_\_\_ (Psalm 139:14)

<sup>14</sup> I will give thanks to You, for I am fearfully and wonderfully made; Wonderful are Your works, And my soul knows it very well. Psalms 139:13-14 (NASB)

F. Decide to \_\_\_\_\_ with God in his developing in you the character of Christ.