

What Does Thanksgiving Produce In Us?

- It relieves _____

⁶ Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus. Philipians 4:6-7 (NASB)

- It combats _____

¹² As He entered a village, ten leprous men who stood at a distance met Him; ¹³ and they raised their voices, saying, "Jesus, Master, have mercy on us!" ¹⁴ When He saw them, He said to them, "Go and show yourselves to the priests." And as they were going, they were cleansed. ¹⁵ Now one of them, when he saw that he had been healed, turned back, glorifying God with a loud voice, ¹⁶ and he fell on his face at His feet, giving thanks to Him. And he was a Samaritan. ¹⁷ Then Jesus answered and said, "Were there not ten cleansed? But the nine—where are they? ¹⁸ "Was no one found who returned to give glory to God, except this foreigner?" Luke 17:12-18 (NASB)

- It puts you in _____

¹⁶ Rejoice always; ¹⁷ pray without ceasing; ¹⁸ in everything give thanks; for this is God's will for you in Christ Jesus. 1 Thessalonians 5:16-18 (NASB)

- It brings you _____

Life Group Questions

What Does Thanksgiving Produce In Us?

1. Describe your current practice of thanksgiving? What things tend to hinder you from giving thanks? What do you tend to give thanks for? Are there things you should be thanking God for that you are not?
2. Can you share a time when giving thanks broke the power of worry over you?
3. Why is giving thanks an act of humility?
4. How do your expectations affect your willingness to give thanks?
5. How does giving thanks make you a better person?
6. How is thanksgiving related to emotional and physical health?